



THREADS OF CARE- MODULE Z

THREADS OF CARE

Cognition	Ethics	Family & Family Support	Person Centered Care
Infection Prevention	Dignity	Anatomy & Physiology	Documentation
Legal	Rights	Body Mechanics	Critical Thinking
Safety	Communication	Pain	

MODULE Z
SCENARIOS

You have a resident that is recovering from a respiratory illness. As the nurse aide, you anticipate the need for rest periods during ambulation and recognize that the resident may walk less distance than normal.

THREADS OF
CARE (2)

Cognition	Ethics	Family & Family Support	Person Centered Care
Infection Prevention	Dignity	Anatomy & Physiology	Documentation
Legal	Rights	Body Mechanics	Critical Thinking
Safety	Communication	Pain	

MODULE Z

SCENARIOS

You have a resident that is recovering from a respiratory illness. As the nurse aide, you anticipate the need for rest periods during ambulation and recognize that the resident may walk less distance than normal.

THREADS OF CARE (3)

Cognition	Ethics	Family & Family Support	Person Centered Care
Infection Prevention	Dignity	Anatomy & Physiology	Documentation
Legal	Rights	Body Mechanics	Critical Thinking
Safety	Communication	Pain	

MODULE Z
SCENARIOS

When providing a bed bath, the nurse aide exposes one body part at a time.

THREADS OF
CARE (4)

Cognition	Ethics	Family & Family Support	Person Centered Care
Infection Prevention	Dignity	Anatomy & Physiology	Documentation
Legal	Rights	Body Mechanics	Critical Thinking
Safety			

MODULE Z
SCENARIOS

When providing a bed bath, the nurse aide exposes one body part at a time.

THREADS OF
CARE (5)

Cognition	Ethics	Family & Family Support	Person Centered Care
Infection Prevention	Dignity	Anatomy & Physiology	Documentation
Legal	Rights	Body Mechanics	Critical Thinking
Safety			

MODULE Z
SCENARIOS

Prior to getting a resident OOB, the nurse aide always ensures the bed is locked.

THREADS OF
CARE (6)

Cognition	Ethics	Family & Family Support	Person Centered Care
Infection Prevention	Dignity	Anatomy & Physiology	Documentation
Legal	Rights	Body Mechanics	Critical Thinking
Safety			

MODULE Z
SCENARIOS

Prior to getting a resident OOB, the nurse aide always ensures the bed is locked.

THREADS OF
CARE (7)

Cognition	Ethics	Family & Family Support	Person Centered Care
Infection Prevention	Dignity	Anatomy & Physiology	Documentation
Legal	Rights	Body Mechanics	Critical Thinking
Safety			

MODULE Z
SCENARIOS

You are changing a resident’s linens and need to raise the bed to waist height.

THREADS OF
CARE (8)

Cognition	Ethics	Family & Family Support	Person Centered Care
Infection Prevention	Dignity	Anatomy & Physiology	Documentation
Legal	Rights	Body Mechanics	Critical Thinking
Safety			

MODULE Z
SCENARIOS

You are changing a resident's linens and need to raise the bed to waist height.

THREADS OF
CARE (9)

Cognition	Ethics	Family & Family Support	Person Centered Care
Infection Prevention	Dignity	Anatomy & Physiology	Documentation
Legal	Rights	Body Mechanics	Critical Thinking
Safety			

MODULE Z
SCENARIOS

You need to turn Mrs. Smith on her side. You understand that repositioning her every 2 hours is important in preventing skin breakdown.

THREADS OF
CARE (10)

Cognition	Ethics	Family & Family Support	Person Centered Care
Infection Prevention	Dignity	Anatomy & Physiology	Documentation
Legal	Rights	Body Mechanics	Critical Thinking
Safety			

MODULE Z
SCENARIOS

You need to turn Mrs. Smith on her side. You understand that repositioning her every 2 hours is important in preventing skin breakdown.

THREADS OF
CARE (11)

Cognition	Ethics	Family & Family Support	Person Centered Care
Infection Prevention	Dignity	Anatomy & Physiology	Documentation
Legal	Rights	Body Mechanics	Critical Thinking
Safety	Communication	Pain	

MODULE Z

SCENARIOS

The resident’s care plan calls for the resident to wear knee- high anti-embolism stockings. As a nurse aide, you check the stockings to ensure they belong to the right resident.

THREADS OF CARE (12)

Cognition	Ethics	Family & Family Support	Person Centered Care
Infection Prevention	Dignity	Anatomy & Physiology	Documentation
Legal	Rights	Body Mechanics	Critical Thinking
Safety	Communication	Pain	

MODULE Z
SCENARIOS

The resident’s care plan calls for the resident to wear knee- high anti-embolism stockings. As a nurse aide, you check the stockings to ensure they belong to the right resident.

THREADS OF
CARE (13)

Cognition	Ethics	Family & Family Support	Person Centered Care
Infection Prevention	Dignity	Anatomy & Physiology	Documentation
Legal	Rights	Body Mechanics	Critical Thinking
Safety	Communication	Pain	

MODULE Z
SCENARIOS

Your resident has an infection and you must put on gloves, gown and mask to provide care and remove them properly after completing care.

THREADS OF
CARE (14)

Cognition	Ethics	Family & Family Support	Person Centered Care
Infection Prevention	Dignity	Anatomy & Physiology	Documentation
Legal	Rights	Body Mechanics	Critical Thinking
Safety	Communication	Pain	

MODULE Z SCENARIOS

Your resident has an infection and you must put on gloves, gown and mask to provide care and remove them properly after completing care.

THREADS OF CARE (15)

Cognition	Ethics	Family & Family Support	Person Centered Care
Infection Prevention	Dignity	Anatomy & Physiology	Documentation
Legal	Rights	Body Mechanics	Critical Thinking
Safety	Communication	Pain	

MODULE Z

SCENARIOS

The nurse aide has been directed by the nurse to apply a vest restraint to a resident. The nurse aide understands that prior to applying the restraint, there must be a doctor’s order to do so and that the nurse aide must be taught to apply and secure prior to applying the restraint.

THREADS OF CARE (16)

Cognition	Ethics	Family & Family Support	Person Centered Care
Infection Prevention	Dignity	Anatomy & Physiology	Documentation
Legal	Rights	Body Mechanics	Critical Thinking
Safety	Communication	Pain	

MODULE Z

SCENARIOS

The nurse aide has been directed by the nurse to apply a vest restraint to a resident. The nurse aide understands that prior to applying the restraint, there must be a doctor's order to do so and that the nurse aide must be taught to apply and secure prior to applying the restraint.

THREADS OF CARE (17)

Cognition	Ethics	Family & Family Support	Person Centered Care
Infection Prevention	Dignity	Anatomy & Physiology	Documentation
Legal	Rights	Body Mechanics	Critical Thinking
Safety	Communication	Pain	

MODULE Z
SCENARIOS

You are about to give Mrs. Smith a bath and you check the water temperature.

THREADS OF
CARE (18)

Cognition	Ethics	Family & Family Support	Person Centered Care
Infection Prevention	Dignity	Anatomy & Physiology	Documentation
Legal	Rights	Body Mechanics	Critical Thinking
Safety			

MODULE Z
SCENARIOS

You are about to give Mrs. Smith a bath and you check the water temperature.

THREADS OF
CARE (19)

Cognition	Ethics	Family & Family Support	Person Centered Care
Infection Prevention	Dignity	Anatomy & Physiology	Documentation
Legal	Rights	Body Mechanics	Critical Thinking
Safety			

MODULE Z
SCENARIOS

THREADS OF
CARE (20)

**Prior to getting Mrs.
Jones dressed, you give
her a choice of
clothing.**

Cognition	Ethics	Family & Family Support	Person Centered Care
Infection Prevention	Dignity	Anatomy & Physiology	Documentation
Legal	Rights	Body Mechanics	Critical Thinking
Safety			

MODULE Z
SCENARIOS

Prior to getting Mrs.
Jones dressed, you give
her a choice of
clothing.

THREADS OF
CARE (21)

Cognition	Ethics	Family & Family Support	Person Centered Care
Infection Prevention	Dignity	Anatomy & Physiology	Documentation
Legal	Rights	Body Mechanics	Critical Thinking
Safety			

MODULE Z
SCENARIOS

You are the nurse aide for Mrs. Jones and you provide perineal care during her bed bath. You use a clean area of the washcloth for each stroke during perineal care.

THREADS OF
CARE (22)

Cognition	Ethics	Family & Family Support	Person Centered Care
Infection Prevention	Dignity	Anatomy & Physiology	Documentation
Legal	Rights	Body Mechanics	Critical Thinking
Safety			

MODULE Z SCENARIOS

THREADS OF CARE (23)

You are the nurse aide for Mrs. Jones and you provide perineal care during her bed bath. You use a clean area of the washcloth for each stroke during perineal care.

Cognition	Ethics	Family & Family Support	Person Centered Care
Infection Prevention	Dignity	Anatomy & Physiology	Documentation
Legal	Rights	Body Mechanics	Critical Thinking
Safety	Communication	Pain	

MODULE Z
SCENARIOS

**You properly don and
remove PPE to protect
yourself and other
residents.**

THREADS OF
CARE (24)

Cognition	Ethics	Family & Family Support	Person Centered Care
Infection Prevention	Dignity	Anatomy & Physiology	Documentation
Legal	Rights	Body Mechanics	Critical Thinking
Safety			

MODULE Z
SCENARIOS

THREADS OF
CARE (26)

You properly don and
remove PPE to protect
yourself and other
residents.

Cognition	Ethics	Family & Family Support	Person Centered Care
Infection Prevention	Dignity	Anatomy & Physiology	Documentation
Legal	Rights	Body Mechanics	Critical Thinking
Safety			

MODULE Z
SCENARIOS

When helping residents who are blind, the nurse aide tells the resident where food is located using a face of an imaginary clock.

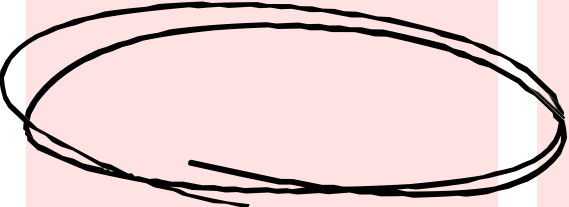
THREADS OF
CARE (27)

Cognition	Ethics	Family & Family Support	Person Centered Care
Infection Prevention	Dignity	Anatomy & Physiology	Documentation
Legal	Rights	Body Mechanics	Critical Thinking
Safety			

MODULE Z
SCENARIOS

When helping residents who are blind, the nurse aide tells the resident where food is located using face of an imaginary clock.

THREADS OF
CARE (28)

Cognition	Ethics	Family & Family Support	Person Centered Care
Infection Prevention	Dignity	Anatomy & Physiology	Documentation
Legal	Rights	Body Mechanics	Critical Thinking
Safety			

MODULE Z
SCENARIOS

When providing mouth care, only the nurse aide knows how well mouth care was performed.

THREADS OF
CARE (29)

Cognition	Ethics	Family & Family Support	Person Centered Care
Infection Prevention	Dignity	Anatomy & Physiology	Documentation
Legal	Rights	Body Mechanics	Critical Thinking
Safety			

MODULE Z
SCENARIOS

When providing mouth care, only the nurse aide knows how well mouth care was performed.

THREADS OF
CARE (30)

Cognition	Ethics	Family & Family Support	Person Centered Care
Infection Prevention	Dignity	Anatomy & Physiology	Documentation
Legal	Rights	Body Mechanics	Critical Thinking
Safety			

MODULE Z
SCENARIOS

There may be consequences if certain cases of facility acquired infections can be traced back to poor hand hygiene.

THREADS OF
CARE (31)

Cognition	Ethics	Family & Family Support	Person Centered Care
Infection Prevention	Dignity	Anatomy & Physiology	Documentation
Legal	Rights	Body Mechanics	Critical Thinking
Safety			

MODULE Z
SCENARIOS

There may be consequences if certain cases of facility acquired infections can be traced back to poor hand hygiene.

THREADS OF
CARE (32)

Cognition	Ethics	Family & Family Support	Person Centered Care
Infection Prevention	Dignity	Anatomy & Physiology	Documentation
Legal	Rights	Body Mechanics	Critical Thinking
Safety			

MODULE Z
SCENARIOS

The nurse aide knows that it is illegal to record a guess or write down a value near or equal to a previous vital sign obtained by someone else when the nurse aide is unsure of the value obtained.

THREADS OF
CARE (33)

Cognition	Ethics	Family & Family Support	Person Centered Care
Infection Prevention	Dignity	Anatomy & Physiology	Documentation
Legal	Rights	Body Mechanics	Critical Thinking
Safety	Communication	Pain	

MODULE Z
SCENARIOS

THREADS OF
CARE (34)

The nurse aide knows that it is illegal to record a guess or write down a value near or equal to a previous vital sign obtained by someone else when the nurse aide is unsure of the value obtained.

Cognition	Ethics	Family & Family Support	Person Centered Care
Infection Prevention	Dignity	Anatomy & Physiology	Documentation
Legal	Rights	Body Mechanics	Critical Thinking
Safety	Communication	Pain	

MODULE Z
SCENARIOS

When assisting a resident to the bathroom or obtaining a urine specimen, the nurse aide knows that a change of appearance in the urine should be reported to the nurse since this may signal other health problems.

THREADS OF
CARE (35)

Cognition	Ethics	Family & Family Support	Person Centered Care
Infection Prevention	Dignity	Anatomy & Physiology	Documentation
Legal	Rights	Body Mechanics	Critical Thinking
Safety	Communication	Pain	

MODULE Z
SCENARIOS

When assisting a resident to the bathroom or obtaining a urine specimen, the nurse aide knows that a change of appearance in the urine should be reported to the nurse since this may signal other health problems.

THREADS OF
CARE (36)

Cognition	Ethics	Family & Family Support	Person Centered Care
Infection Prevention	Dignity	Anatomy & Physiology	Documentation
Legal	Rights	Body Mechanics	Critical Thinking
Safety	Communication	Pain	

MODULE Z
SCENARIOS

When offering a bedpan or a urinal, the nurse aide raises the bed to a comfortable working height.

THREADS OF
CARE (37)

Cognition	Ethics	Family & Family Support	Person Centered Care
Infection Prevention	Dignity	Anatomy & Physiology	Documentation
Legal	Rights	Body Mechanics	Critical Thinking
Safety			

MODULE Z
SCENARIOS

When offering a bedpan or a urinal, the nurse aide raises the bed to a comfortable working height.

THREADS OF
CARE (38)

Cognition	Ethics	Family & Family Support	Person Centered Care
Infection Prevention	Dignity	Anatomy & Physiology	Documentation
Legal	Rights	Body Mechanics	Critical Thinking
Safety			

MODULE Z

SCENARIOS

When transferring a resident from the bed to the wheelchair, the nurse aide explains what will be done, step-by-step, so the resident can help as much as possible.

THREADS OF CARE (39)

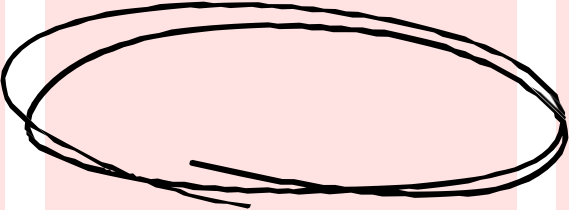
Cognition	Ethics	Family & Family Support	Person Centered Care
Infection Prevention	Dignity	Anatomy & Physiology	Documentation
Legal	Rights	Body Mechanics	Critical Thinking
Safety			

MODULE Z

SCENARIOS

When transferring a resident from the bed to the wheelchair, the nurse aide explains what will be done, step-by-step, so the resident can help as much as possible.

THREADS OF CARE (40)

Cognition	Ethics	Family & Family Support	Person Centered Care
Infection Prevention	Dignity	Anatomy & Physiology	Documentation
Legal	Rights	Body Mechanics	Critical Thinking
Safety			

MODULE Z
SCENARIOS

When providing catheter care, the nurse aide knows to wash the catheter in a careful manner as not to pull on the catheter.

THREADS OF
CARE (41)

Cognition	Ethics	Family & Family Support	Person Centered Care
Infection Prevention	Dignity	Anatomy & Physiology	Documentation
Legal	Rights	Body Mechanics	Critical Thinking
Safety			

MODULE Z
SCENARIOS

When providing catheter care, the nurse aide knows to wash the catheter in a careful manner as not to pull on the catheter.

THREADS OF
CARE (42)

Cognition	Ethics	Family & Family Support	Person Centered Care
Infection Prevention	Dignity	Anatomy & Physiology	Documentation
Legal	Rights	Body Mechanics	Critical Thinking
Safety			

MODULE Z
SCENARIOS

When assisting with dining and feeding, the nurse aide is aware of choking possibilities during feeding and is prepared to perform relief of choking.

THREADS OF
CARE (43)

Cognition	Ethics	Family & Family Support	Person Centered Care
Infection Prevention	Dignity	Anatomy & Physiology	Documentation
Legal	Rights	Body Mechanics	Critical Thinking
Safety			

MODULE Z
SCENARIOS

THREADS OF
CARE (44)

When assisting with dining and feeding, the nurse aide is aware of choking possibilities during feeding and is prepared to perform relief of choking.

Cognition	Ethics	Family & Family Support	Person Centered Care
Infection Prevention	Dignity	Anatomy & Physiology	Documentation
Legal	Rights	Body Mechanics	Critical Thinking
Safety			

MODULE Z

SCENARIOS

When assisting with dining and feeding, the nurse aide is mindful of cultural and religious considerations related to nutrition.

THREADS OF CARE (45)

Cognition	Ethics	Family & Family Support	Person Centered Care
Infection Prevention	Dignity	Anatomy & Physiology	Documentation
Legal	Rights	Body Mechanics	Critical Thinking
Safety			

MODULE Z
SCENARIOS

When assisting with dining and feeding, the nurse aide is mindful of cultural and religious considerations related to nutrition.

THREADS OF
CARE (46)

Cognition	Ethics	Family & Family Support	Person Centered Care
Infection Prevention	Dignity	Anatomy & Physiology	Documentation
Legal	Rights	Body Mechanics	Critical Thinking
Safety			

MODULE Z
SCENARIOS

The resident has the
right to refuse care.

THREADS OF
CARE (47)

Cognition	Ethics	Family & Family Support	Person Centered Care
Infection Prevention	Dignity	Anatomy & Physiology	Documentation
Legal	Rights	Body Mechanics	Critical Thinking
Safety			

MODULE Z
SCENARIOS

The resident has the
right to refuse care.

THREADS OF
CARE (48)

Cognition	Ethics	Family & Family Support	Person Centered Care
Infection Prevention	Dignity	Anatomy & Physiology	Documentation
Legal	Rights	Body Mechanics	Critical Thinking
Safety			

MODULE Z
SCENARIOS

When performing range of motion on a resident, the nurse aide stops the exercise if any joint pain occurs.

THREADS OF
CARE (49)

Cognition	Ethics	Family & Family Support	Person Centered Care
Infection Prevention	Dignity	Anatomy & Physiology	Documentation
Legal	Rights	Body Mechanics	Critical Thinking
Safety			

MODULE Z
SCENARIOS

When performing range of motion on a resident, the nurse aide stops the exercise if any joint pain occurs.

THREADS OF
CARE (50)

Cognition	Ethics	Family & Family Support	Person Centered Care
Infection Prevention	Dignity	Anatomy & Physiology	Documentation
Legal	Rights	Body Mechanics	Critical Thinking
Safety			